

**Feel The Heat 5K****8/1/2009****First Overall Male**

1	Stephen Bowers (18)	Locust Grove, GA	18:46
---	---------------------	------------------	-------

**First Overall Female**

3	Suzanne O'malley (49)	Port Orange, FL	20:40
---	-----------------------	-----------------	-------

**Male Masters**

8	Paul Steiner (49)	Deland, FL	22:44
---	-------------------	------------	-------

**Female Masters**

21	Heidi Carr (40)	St. Augustine, FL	26:24
----	-----------------	-------------------	-------

**Male 10 & Under**

1	22	Sean Hamilton (9)	Deland, FL	26:25
2	37	Hunter Connor (10)	Holly Hill, FL	33:24

**Male 11 - 15**

1	10	Matt Mittelman (15)	Palm Coast, FL	22:55
---	----	---------------------	----------------	-------

**Female 11 - 15**

1	17	Lyndsey Burke (11)	Ashland, KY	25:39
2	33	Paige Ward (12)	Daytona Beach, FL	31:52
3	40	Sommer Mark (14)	Deleon Springs, FL	34:49
4	41	Megan Mark (15)	Deland, FL	34:50
5	51	Reece Ward (11)	Daytona Beach, FL	40:16

**Male 20 - 24**

1	2	David Mandel (22)	Daytona Beach, FL	19:42
---	---	-------------------	-------------------	-------

**Male 25 - 29**

1	5	Josh Bowen (25)	Palm Coast, FL	21:58
2	18	Tom Tsitas (28)	New Smyrna Beac, FL	25:59
3	32	Joshua Marcus (29)	South Daytona, FL	29:49

**Female 25 - 29**

1	54	Angela Norris (28)	New Smyrna Beac, FL	40:20
---	----	--------------------	---------------------	-------

**Male 30 - 34**

1	7	Joe Ventura (31)	Ormond Beach, FL	22:14
2	9	Kevin Hahn (34)	Ormond Beach, FL	22:48
3	36	Reese Stewar4d (33)	Parrish, FL	33:17

**Female 30 - 34**

1	4	Alexa Gemma (33)	South Daytona, FL	20:46
2	6	Naomi Ventura (32)	Ormond Beach, FL	22:08
3	38	Kitty Carver (31)	Daytona Beach, FL	33:56

**Male 35 - 39**

1	13	Don Ward (39)	Daytona Beach, FL	23:58
---	----	---------------	-------------------	-------

**Female 35 - 39**

1	25	Melissa Mark (38)	DeLeon Springs, FL	26:45
2	39	Carol Grant (39)	Ormond Beach, FL	34:44
3	49	Daniele Brouillette (39)	New Smyrna Bach, FL	39:59

**Male 40 - 44**

1	31	Jerry Thompson (44)	Daytona Beach, FL	29:34
---	----	---------------------	-------------------	-------

**Female 40 - 44**

1	27	Sindy Hild (40)	Edgewater, FL	27:02
2	50	Tina Sheppard (42)	Tampa, FL	40:00
3	52	Janni Courten (42)	Port Orange, FL	40:17
4	53	Michelle Beaulien (41)	New Syrna Beach, FL	40:19
5	55	Wendy Sydeski (41)	Edgewater, FL	40:46

**Male 45 - 49**

1	11	Randy Bissonnette (46)	Palm Coast, FL	23:00
2	24	Demi Brownrigg (45)	Ormond Beach, FL	26:42
3	28	Lloyd Davis (49)	Palm Coast, FL	28:20
4	34	Eddie Roseboom (45)	Ormond Beach, FL	32:03

**Female 45 - 49**

1	42	Karen Chuven (48)	Daytona Beach, FL	35:47
---	----	-------------------	-------------------	-------

**Male 50 - 54**

1	12	Anthony Stover (52)	Wilbur By The S, FL	23:14
2	14	Brian Meyer (53)	Holly Hill, FL	24:09
3	19	Bob Baranowski (52)	Ormond Beach, FL	26:11
4	20	Kris Lind (53)	Palm Coast, FL	26:17

**Female 50 - 54**

1	23	Debora Diaz (53)	Ormond Beach, FL	26:30
2	45	Stephanie Schultz (54)	Ormond Beach, FL	37:49
3	46	Ann Davis (50)	Palm Coast, FL	38:19
4	47	Anna Rodriguez (51)	Port Orange, FL	38:34

**Female 55 - 59**

1	35	Leslie Williams (56)	Ormond Beach, FL	32:12
2	44	Robin Fitchett (56)	Holly Hill, FL	37:44

**Male 60 - 64**

1	16	Timothy Krentz (60)	Palantine, IL	24:52
---	----	---------------------	---------------	-------

**Female 60 - 64**

1	43	Janet Krentz (60)	Palatine, IL	36:43
---	----	-------------------	--------------	-------

**Male 65 - 69**

1	15	Bob Broadwater (65)	Palm Coast, FL	24:42
2	29	Ruben Perez (66)	South Daytona, FL	29:11
3	30	Gerry Fahey (66)	Port Orange, FL	29:22

**Female 65 - 69**

1	48	Toni Miasek (66)	Ormond Beach,, FL	39:14
---	----	------------------	-------------------	-------

**Male 70 - 74**

1	26	Jerry Lardinois (74)	Port Orange, FL	26:51
---	----	----------------------	-----------------	-------