



Destin Chamber of Commerce
4484 Legendary Dr. Ste. A
Destin, FL 32541



DESTIN

bayou, bay & beach
5k & 10k | may 5, 2018

Destin's 8th Annual Bayou, Bay & Beach 5K & 10K

Saturday, May 5, 2018
Clement Taylor Park in Destin
7:30 a.m. 10K | 8 a.m. 5K
Rain or Shine

The 10K is USA Track & Field-certified.

Awards

Awards will be presented to the winners, male and female, in multiple age categories. The Awards Ceremony will take place at start/finish line.

Registration

- 5K - \$30 before Jan. 28 & \$35 on race day
- 10K - \$40 before May 4 & \$50 on race day
- Register on RunSignUp.com or use this brochure.
- T-shirts guaranteed to the first 500.

Packet Pick-Up

The Packet Pick-Up Party will be held in conjunction with the Destin Rotary Club's Annual Crawfish Bowl, on May 4, at Seascape Towne Centre.

Destin Chamber of Commerce
4484 Legendary Dr. Ste. A, Destin
Thursday, May 3, from 1 – 5 p.m.
Friday, May 4, from 8:30 a.m. – 3 p.m.

Clement Taylor Park
131 Calhoun Avenue, Destin,
Saturday, May 5, from 6 – 7:30 a.m.

**Find all rules and more information at
[BayouBayBeach.com!](http://BayouBayBeach.com)**

*A portion of race
proceeds will benefit
the Choctawhatchee
Basin Alliance!*

www.basinalliance.org
(850) 267-1888



Destin's 8th Annual Bayou, Bay & Beach 5K & 10K

This registration form must be received by May 4. Race day registration is available from 6–8 a.m. at race site.

Last Name _____ First Name _____ Age _____ Sex _____

Address _____ City _____ State _____ Zip _____

Phone _____ T-Shirt Size (circle) YS YM YL AS AM AL AXL AXXL

Email _____ Circle One: 5K Walk 5K Run 10K

Emergency Contact _____ How did you hear about the race? _____

How many are in your party? _____ Where are you staying? _____ # of nights? _____

NOTE: Registration invalid without signed Waiver and Release.

Waiver and Release

** I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

* I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person.

* I acknowledge that this Accident Waiver and Release of Liability form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events. In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, next of kin, successors, and assigns as follows: (A) Waive, Release, and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me including my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: THE DESTIN AREA CHAMBER OF COMMERCE, THE DESTIN AREA SPORTS COMMISSION, THE CITY OF DESTIN, course designer RESULTS TIMING, LLC, OKALOOSA COUNTY, ALL CITY, COUNTY, AND STATE GOVERNMENTS and any and all other vendors, providers, or subcontractors, sponsors and volunteers, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event volunteers (the "Released Parties"); (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this event, whether caused by the negligence of the Released Parties or otherwise.

* I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during this event. I understand my right to refuse medical care and advice of medical providers; if my medical condition becomes such that my mental capacity is questioned, I hereby provide medical providers the right to recommend and initiate treatment. I understand and agree that I assume liability for any and all medical expenses incurred as a result of training for and/or participating in the Event, including but not limited to ambulance transport, hospital stays, physician and pharmaceutical goods and services. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and assigns.

* I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during Destin's Bayou, Bay & Back 5K/10K Run/Walk and 15K event and its related activities.

* I hereby acknowledge that the event is scheduled for a specific time period which allows for the completion of the race within a time reasonable for even novice runners. After the expiration of the race time period, certain services may no longer be provided, including, but not limited to closures of the roadways on which the race occurs, posting of medical personnel along the race route and provision of law enforcement personnel to control the race staging/finishing area. I specifically acknowledge that my inability or failure to complete the race within the scheduled time period may result in the absence of any further provision of amenities or services provided by the entities previously listed and I assume all responsibility and liability should I continue to participate beyond the allotted race time.

* The Accident Waiver and Release of Liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

* I understand that dogs, vehicles to transport children, bicycles, in-line skates and skateboards are prohibited and that violation of this prohibition will result in disqualification.

* I hereby certify that I have read this document, I understand its content and warrant that all statements herein are true and correct. I understand that all Released Parties have relied upon these statements in allowing me to participate in the event. I understand and agree that any dispute arising from this agreement shall be subject to jurisdiction in Okaloosa County, Florida and that the parties hereby agree to mediation of the dispute before any complaints may be filed in Court.

* If the participant is a minor, the parent or guardian hereby certifies that the minor child participating in the event has permission to participate and that the minor child is in good physical condition to safely participate in the event.

* Parent/Guardian hereby authorizes medical treatment for the minor child and grants access to the minor child's medical records as necessary and as stated above.

Signature _____ Date _____

(Under 18 requires parent/guardian signature)

Mail to: Destin Chamber of Commerce

4484 Legendary Dr., Suite A

Destin, FL 32541

For more information, call (850) 837-6241.

Make checks payable to the Destin Chamber of Commerce.

**Fee is non-refundable.